

**Ubuntu “I am because we are.”
Zulu (South Africa) Proverb**



January 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

“I am because we are”

**The hoes of two people cultivating together in a field sometimes clash (hit) against each other.
Sukuma (Tanzania) Proverb**



February 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

“I am because we are”

If you want to walk fast, walk alone. If you want to walk far, walk together. Agaw (Ethiopia) Proverb



March 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

“I am because we are”

**“One hand does not catch a buffalo”
Ewe (Ghana, Benin, Nigeria and Togo) Proverb**



April 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

“I am because we are”

**“Like ants, eat little and carry the rest back to your home.”
Bembe (DRC and Tanzania) Proverb**



May 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

“I am because we are”

“Go in that direction” does not mean that you go. To go means, “Let’s go together! Sena (Mozambique) Proverb



June 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

“I am because we are”

**Alone, alone, one cannot produce history. Yao
(Malawi, Mozambique and Tanzania) Proverb**



July 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

“I am because we are”

**If you have someone leading you, you cannot lose the way.
Sukuma (Tanzania) Proverb**



August 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

“I am because we are”

**It takes a whole village to raise a child.
Yoruba (Nigeria) Proverb**



September 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

“I am because we are”

A friend is someone you share the path with.

Dinka (South Sudan) Proverb



October 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

“I am because we are”

Two calabashes floating in a basin of water will touch each other, but not damage each other.

Ewe (Ghana, Togo, Benin and Nigeria) Proverb



November 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

“I am because we are”

Members of the same family are open to each other and can discuss anything. Samburu (Kenya) Proverb



December 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

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